

# Prepare to be surprised, delighted and deeply moved by the grandeur of Africa

Feb 1–14, 2018

*You will...*

- ◆ Sit on the top of the Blyde Canyon
- ◆ Teach the eager children of Katlego Creche
- ◆ Befriend the women of Mapusha
- ◆ Walk the beaches of the western cape
- ◆ And sit in the center of a breeding herd of elephants at a private game reserve

This tour brings together the very best of what I know and love about Africa. It will be two weeks of intimate immersion with spectacular natural wonders, up close wild life, rural village involvement and the breath-taking beaches of the Cape.

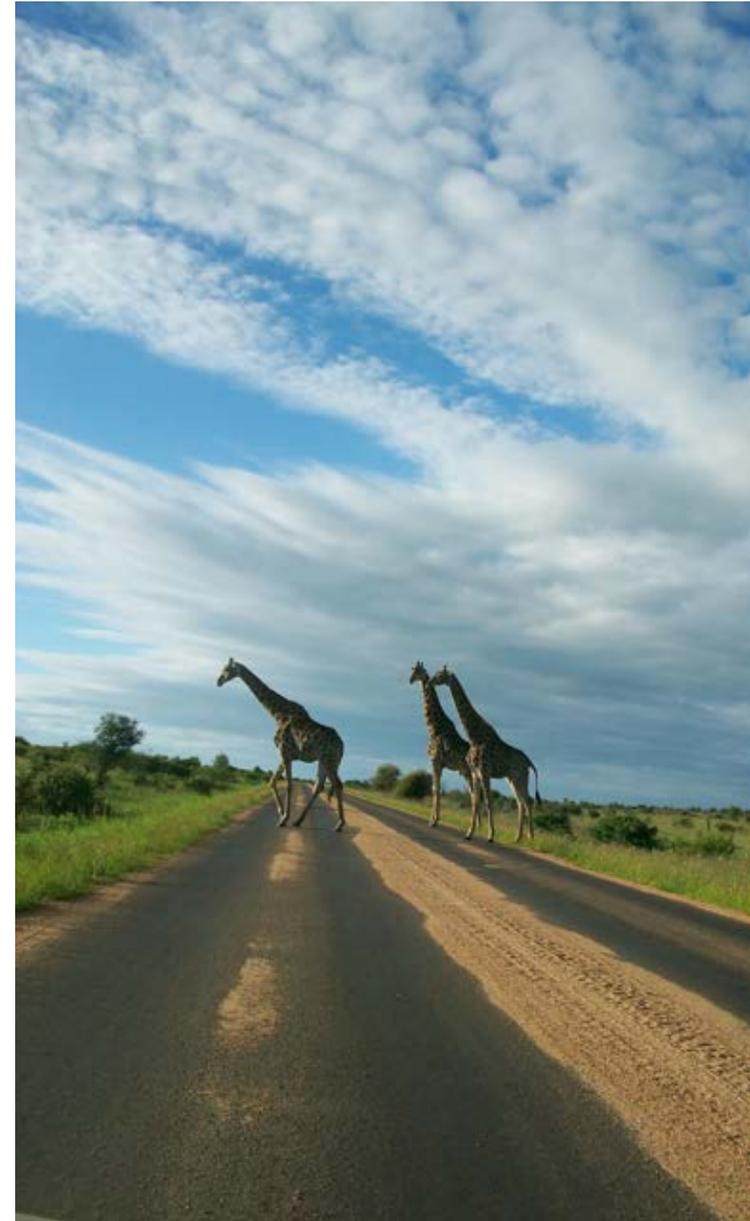
After two days to relax and regroup into South African time and space, we will board a plane for Port Elizabeth where my good friend Jean More will meet us and help us explore the expanse of Plettenberg Bay and magic of the Kariega Game Reserve which will fill the first half of our time together.

The second half of the trip will be in the Lowveld where I have lived for 14 years working with the women of the Mapusha Weaving cooperative in the village of Rooiboklaagte.

Our base will be on the banks of the Blyde river. Here we will relax, swim, walk, do yoga or simply sit absorbing the thrum of the bush and the impact of our outings.

This trip is your opportunity to tune into the profound beauty and mystery of life. I know your experience will open and expand you in ways you cannot begin to imagine.

Join me, let us share our love of this land and its people with you.



## Itinerary —

### Feb. 1 – 2

Arrive in Johannesburg and spend two nights at the [Aero Guest Lodge](#). We have one planned excursion to the Nelson Mandela museum, other options are available, as well as time to relax, swim, walk, yoga and recoup time from the flight.

### Feb. 3 – 5

Head back to the airport and fly to Port Elizabeth



where Jean will meet us. It is a lovely one hour drive from Port Elizabeth to the magical [Kariega Game Reserve](#). Kariega is my favorite game reserve, and I have been to many, bar none.

The land has hills with wide vistas and valleys with thick, ancient forests. The air is moist with the sea. The guides are chock full of both knowledge and love of the land and animals.

Our three night stay at the private [Homestead house](#) will allow us to make our own schedule of game drives, bush walks, yoga, sitting, writing, drawing, dreaming or gazing.

### Feb. 6 – 9

Drive to Plettenburg Bay, a small, upscale town perched on a beautiful bay. Our lodging will be on



the seaside and we will take time to walk the beaches and digest the wondrous African world, too.

### Feb. 9

Return to Johannesburg, pick up a car and drive to the Blyde River Canyon with an overnight at one of my favorite South African lodges, [Old Joe's](#).

### Feb. 10 – 13

Explore the [Blyde River Canyon](#). We will stay at [Moholoholo Ya Mati](#) and spend time with the Mapusha Weaving Cooperative.



We have time to make friends with the women and children of the New Dawn Center, teach them something new, visit Gertrude's home and attend their Sunday church service.



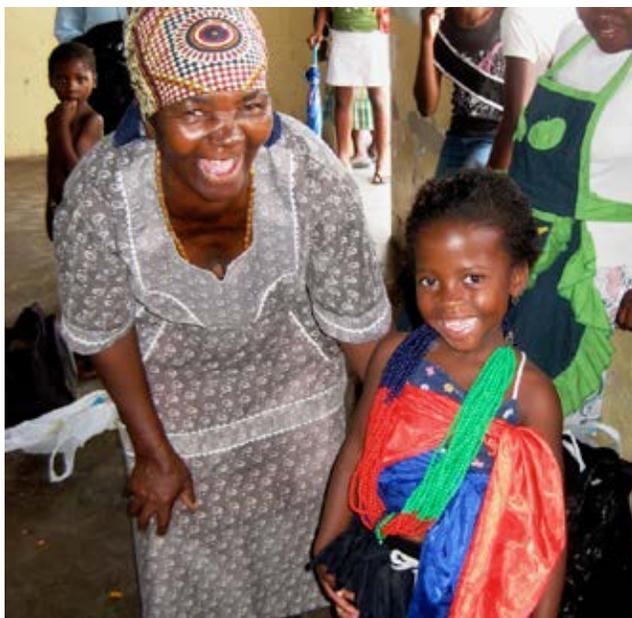
We treat ourselves to a boat ride on the magical Blyde dam, visit [Kruger National Park](#) and have time for yoga, sitting, writing, drawing, dreaming and gazing.

Feb 14



We return to Johannesburg for a last night at [Aero Guest Lodge](#).

Say goodbye & return home or continue on your own.



[Judy Miller](#)—Judy is a coach, writer, speaker and supporter of the Mapusha Weaving Cooperative. Her book, *Hand Spun Hope, Making a Difference in Rural South Africa* tells the tale of her first ten years with the weavers. It contains the same essential message of hope, courage and women's empowerment which is at the core of all of her work in the world.



Jean More—Jean is the mother of four boys who keep her very busy. She has been close to the bush and involved with Nature Reserves her whole adult life and is a yoga instructor. We met in a yoga class long ago and have co-taught retreats before—always in the bush, always with an emphasis on silence, connection and community.

### Trip Investment: \$3,500.00

This price excludes international airfare, tips and entrance fees. It includes all transport and flights in South Africa, lodging and most food—from when you arrive in Johannesburg until you depart.

A non-refundable \$500 deposit is required to hold your place. A second payment of \$1,500 is due by Jan 1, 2018. The remainder is due before you leave.

Email me to reserve your place, ask questions, get more details. I have stories & pictures to share! Do join us in South Africa to gather your own stories, pictures & inspiration. [email: judithbmiller@gmail.com](mailto:judithbmiller@gmail.com)